

SNF Virtual Training Program – Part 2

Section GG: Functional Abilities and Goals Workshop

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Overview

- This coding workshop will focus on two new data elements in Section GG:
 - GG0130I. Personal Hygiene.
 - GG0170FF. Tub/Shower Transfer.
- Using practice scenarios for these two new data elements, attendees will demonstrate understanding by coding for Admission Performance, Discharge Performance, OBRA/Interim Performance and OBRA Assessment periods.



GG0130. Self-Care Items

GG0130. Self-Care

1. Admission Performance	2. Discharge Goal	
Enter Codes in Boxes		
<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	A. Eating: The ability to use suitable utensils to bring food and/or liquid to the mouth and swallow food and/or liquid once the meal is placed before the resident.
<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	B. Oral hygiene: The ability to use suitable items to clean teeth. Dentures (if applicable): The ability to insert and remove dentures into and from the mouth, and manage denture soaking and rinsing with use of equipment.
<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	C. Toileting hygiene: The ability to maintain perineal hygiene, adjust clothes before and after voiding or having a bowel movement. If managing an ostomy, include wiping the opening but not managing equipment.
<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	E. Shower/bathe self: The ability to bathe self, including washing, rinsing, and drying self (excludes washing of back and hair). Does not include transferring in/out of tub/shower.
<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	F. Upper body dressing: The ability to dress and undress above the waist; including fasteners, if applicable.
<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	G. Lower body dressing: The ability to dress and undress below the waist, including fasteners; does not include footwear.
<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	H. Putting on/taking off footwear: The ability to put on and take off socks and shoes or other footwear that is appropriate for safe mobility; including fasteners, if applicable.
<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	I. Personal hygiene: The ability to maintain personal hygiene, including combing hair, shaving, applying makeup, washing/drying face and hands (excludes baths, showers, and oral hygiene).

GG0130. Self-Care – Coding Instructions

- **Code 06, Independent:** if the resident completes the activity by themselves with no assistance from a helper.
- **Code 05, Setup or clean-up assistance:** if the helper sets up or cleans up; resident completes activity. Helper assists only prior to or following the activity, but not during the activity. For example, the resident requires assistance cutting up food or opening container, or requires set up of hygiene item(s) or assistive device(s).
- **Code 04, Supervision or touching assistance:** if the helper provides verbal cues and/or touching/steadying/contact guard assistance as resident completes activity. Assistance may be provided throughout the activity or intermittently. For example, the resident requires verbal cueing, coaxing, or general supervision for safety to complete activity; or resident may require only incidental help such as contact guard or steadying assist during the activity.
 - **Code 04, Supervision or touching assistance:** if the resident requires only verbal cueing to complete the activity safely.

GG0130. Self-Care – Coding Instructions (cont.)

- **Code 03, Partial/moderate assistance:** if the helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.
- **Code 02, Substantial/maximal assistance:** if the helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
- **Code 01, Dependent:** if the helper does ALL of the effort. Resident does none of the effort to complete the activity; or the assistance of two or more helpers is required for the resident to complete the activity.
 - **Code 01, Dependent:** if two helpers are required for the safe completion of an activity, even if the second helper provides supervision/stand-by assist only and does not end up needing to provide hands-on assistance.
 - **Code 01, Dependent:** if a resident requires the assistance of two helpers to complete an activity (one to provide support to the resident and a second to manage the necessary equipment to allow the activity to be completed).

GG0130. Self-Care – Activity Not Attempted Codes

If activity was not attempted, code reason:

- **Code 07, Resident refused:** if the resident refused to complete the activity.
- **Code 09, Not applicable:** if the activity was not attempted and the resident did not perform this activity prior to the current illness, exacerbation, or injury.
- **Code 10, Not attempted due to environmental limitations:** if the resident did not attempt this activity due to environmental limitations. Examples include lack of equipment and weather constraints.
- **Code 88, Not attempted due to medical condition or safety concerns:** if the activity was not attempted due to medical condition or safety concerns.

GG0130I

Personal Hygiene

GG0130I. Personal Hygiene

Personal hygiene involves the ability to maintain personal hygiene, including combing hair, shaving, applying makeup, and washing and drying face and hands (excludes baths, showers, and oral hygiene).

- I. **Personal hygiene:** The ability to maintain personal hygiene, including combing hair, shaving, applying makeup, washing/drying face and hands (excludes baths, showers, and oral hygiene).

GG0130I: Practice Scenario 1 – Admission

A resident is admitted to the facility for a Prospective Payment System (PPS) stay. The resident indicates to the certified nursing assistant (CNA) that in the hospital, they had difficulty with fatigue and weakness and needed help with some aspects of personal hygiene. The assessor identified that based on the resident's past independence at home with these tasks prior to hospitalization and the resident's motivation, they could achieve their prior level of function by discharge.

While in the bathroom, the resident retrieved a face cloth from the towel rack and removed their personal hygiene items (comb, razor, and shaving cream) from their toiletry bag. The resident was able to wash and dry their face and hands but complained of arm fatigue after combing their hair.



GG0130I: Practice Scenario 1 – Admission (cont.)

The resident started to shave but required verbal cueing and steadying assistance of the resident's arm due to upper arm weakness.

After completing these personal hygiene tasks, the CNA returned the resident's personal care items to the toiletry bag and cleaned out the sink.

The resident requires this level of assistance each day for the next 3 days.



How would you code GG0130I Admission Performance for the combined PPS/OBRA Admission assessment?

GG0130. Self-Care (Assessment period is the first 3 days of the stay)
Complete column 1 when A0310A = 01. Complete columns 1 and 2 when A0310B = 01.
 When A0310B = 01, the stay begins on A2400B. When A0310B = 99, the stay begins on A1600.

Code the resident's usual performance at the start of the stay (admission) for each activity using the 6-point scale. If activity was not attempted at the start of the stay (admission), code the reason. Code the resident's end of SNF PPS stay (discharge) goal(s) using the 6-point scale. Use of codes 07, 09, 10, or 88 is permissible to code end of SNF PPS stay (discharge) goal(s).

Coding:

Safety and Quality of Performance - If helper assistance is required because resident's performance is unsafe or of poor quality, score according to amount of assistance provided.

Activities may be completed with or without assistive devices.

- 06. **Independent** - Resident completes the activity by themselves with no assistance from a helper.
- 05. **Setup or clean-up assistance** - Helper sets up or cleans up; resident completes activity. Helper assists only prior to or following the activity.
- 04. **Supervision or touching assistance** - Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as resident completes activity. Assistance may be provided throughout the activity or intermittently.
- 03. **Partial/moderate assistance** - Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.
- 02. **Substantial/maximal assistance** - Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
- 01. **Dependent** - Helper does ALL of the effort. Resident does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the resident to complete the activity.

If activity was not attempted, code reason:

- 07. **Resident refused**
- 09. **Not applicable** - Not attempted and the resident did not perform this activity prior to the current illness, exacerbation, or injury.
- 10. **Not attempted due to environmental limitations** (e.g., lack of equipment, weather constraints)
- 88. **Not attempted due to medical condition or safety concerns**



How would you code GG0130I Admission Performance for the combined PPS/OBRA Admission assessment?

1. Admission Performance	2. Discharge Goal	
Enter Codes in Boxes		
<div>0</div> <div>4</div>		I. Personal hygiene: The ability to maintain personal hygiene, including combing hair, shaving, applying makeup, washing/drying face and hands (excludes baths, showers, and oral hygiene).



GG0130I: Practice Scenario 1 – Admission Rationale

Column 1. Admission Performance: On admission and for the following 3 days, the resident required verbal cueing and steadying assistance with personal hygiene and assistance returning personal care items in their toiletry bag.

NOTE: Column 2. Discharge Goal is used to collect data for the SNF QRP Application of Percent of Long-Term Care Hospital (LTCH) Patients with an Admission and Discharge Functional Assessment and a Care Plan that Addresses Function quality measure. GG0130I. Personal hygiene is not used in the calculation of this measure. Therefore, the assessor will only code the Admission Performance for GG0130I on this combined PPS/OBRA Admission assessment.

GG0130I: Practice Scenario 1 – Discharge

With therapy, the resident progressed throughout the stay in their ability to complete all personal hygiene tasks without any fatigue or arm weakness.

At discharge, the resident no longer required any assistance or supervision with personal hygiene, meeting their discharge goal.



How would you code GG0130I Discharge Performance for this resident?

GG0130. Self-Care (Assessment period is the last 3 days of the stay)
Complete column 3 when A0310F = 10 or 11 or when A0310H = 1.
 When A0310G is not = 2 and A0310H = 1 and A2400C minus A2400B is greater than 2 and A2105 is not = 04, the stay ends on A2400C.
 For all other Discharge assessments, the stay ends on A2000.

Code the resident's usual performance at the end of the stay for each activity using the 6-point scale. If an activity was not attempted at the end of the stay, code the reason.

Coding:
Safety and Quality of Performance - If helper assistance is required because resident's performance is unsafe or of poor quality, score according to amount of assistance provided.
Activities may be completed with or without assistive devices.

- 06. **Independent** - Resident completes the activity by themselves with no assistance from a helper.
- 05. **Setup or clean-up assistance** - Helper sets up or cleans up; resident completes activity. Helper assists only prior to or following the activity.
- 04. **Supervision or touching assistance** - Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as resident completes activity. Assistance may be provided throughout the activity or intermittently.
- 03. **Partial/moderate assistance** - Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.
- 02. **Substantial/maximal assistance** - Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
- 01. **Dependent** - Helper does ALL of the effort. Resident does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the resident to complete the activity.

If activity was not attempted, code reason:

- 07. **Resident refused**
- 09. **Not applicable** - Not attempted and the resident did not perform this activity prior to the current illness, exacerbation, or injury.
- 10. **Not attempted due to environmental limitations** (e.g., lack of equipment, weather constraints)
- 88. **Not attempted due to medical condition or safety concerns**

How would you code GG0130I Discharge Performance for this resident?

3.
Discharge
Performance

Enter Codes in Boxes

06

I. **Personal hygiene:** The ability to maintain personal hygiene, including combing hair, shaving, applying makeup, washing/drying face and hands (excludes baths, showers, and oral hygiene).



GG0130I: Practice Scenario 1 – Discharge Rationale

Column 3. Discharge Performance: On discharge, the resident was fully independent and required no assistance with their personal hygiene.

GG0130. Self-Care OBRA/Interim

GG0130. Self-Care (Assessment period is the ARD plus 2 previous calendar days)

Complete column 5 when A0310A = 02 - 06 and A0310B = 99 or when A0310B = 08.

Code the resident's usual performance for each activity using the 6-point scale. If an activity was not attempted, code the reason.

Coding:

Safety and Quality of Performance - If helper assistance is required because resident's performance is unsafe or of poor quality, score according to amount of assistance provided.

Activities may be completed with or without assistive devices.

- 06. **Independent** - Resident completes the activity by themselves with no assistance from others.
- 05. **Setup or clean-up assistance** - Helper sets up or cleans up; resident completes activity.
- 04. **Supervision or touching assistance** - Helper provides verbal cues and/or touching to assist resident; resident completes activity. Assistance may be provided throughout the activity or intermittently.
- 03. **Partial/moderate assistance** - Helper does LESS THAN HALF the effort. Helper lifts, transfers, or moves resident.
- 02. **Substantial/maximal assistance** - Helper does MORE THAN HALF the effort. Helper lifts, transfers, or moves resident.
- 01. **Dependent** - Helper does ALL of the effort. Resident does none of the effort to complete the activity.

If activity was not attempted, code reason:

- 07. **Resident refused**
- 09. **Not applicable** - Not attempted and the resident did not perform this activity prior to admission.
- 10. **Not attempted due to environmental limitations** (e.g., lack of equipment, weather, etc.)
- 88. **Not attempted due to medical condition or safety concerns**

Instructions updated.

Added GG0130E, GG0130F, GG0130G, GG0130H and new data element GG0130I.

5. OBRA/Interim Performance	
Enter Codes in Boxes	
<input type="text"/>	A. Eating: The ability to use suitable utensils to bring food and/or liquid to the mouth and eat or drink before the resident.
<input type="text"/>	B. Oral hygiene: The ability to use suitable items to clean teeth. Denture care, including cleaning, soaking, and rinsing with use of denture adhesive.
<input type="text"/>	C. Toileting hygiene: The ability to maintain perineal hygiene, adjust clothes before and after voiding or having a bowel movement. If managing an ostomy, include wiping the opening but not managing equipment.
<input type="text"/>	E. Shower/bathe self: The ability to bathe self, including washing, rinsing, and drying self (excludes washing of back and hair). Does not include transferring in/out of tub/shower.
<input type="text"/>	F. Upper body dressing: The ability to dress and undress above the waist; including fasteners, if applicable.
<input type="text"/>	G. Lower body dressing: The ability to dress and undress below the waist, including fasteners; does not include footwear.
<input type="text"/>	H. Putting on/taking off footwear: The ability to put on and take off socks and shoes or other footwear that is appropriate for safe mobility; including fasteners, if applicable.
<input type="text"/>	I. Personal hygiene: The ability to maintain personal hygiene, including combing hair, shaving, applying makeup, washing/drying face and hands (excludes baths, showers, and oral hygiene).

GG0130: OBRA/Interim

- **OBRA/Interim:** The Interim Payment Assessment (IPA) (A0310B = 08) is an optional assessment that may be completed by providers in order to report a change in the resident's Patient-Driven Payment Model (PDPM) classification. OBRA assessments are required for residents in Medicare-certified, Medicaid-certified, or dually certified nursing homes and are outlined in Chapter 2 of the RAI Manual.
- For Section GG on the IPA or an OBRA assessment, providers will use the same 6-point scale and activity not attempted codes to assess the resident's usual functional performance during the 3-day assessment period.

GG0130: OBRA/Interim (cont.)



For Section GG on OBRA assessments other than the Admission assessment (i.e., A0310A = 02–06), the assessment period is the last 3 days (i.e., the ARD plus 2 previous calendar days).

GG0130I: Practice Scenario 2

A nurse is in the process of completing a resident's Annual assessment. Below is a conversation between a CNA and the nurse regarding the resident's ability to complete personal hygiene tasks during the observation period. The nurse asks,

"Can you please describe how the resident washes and dries their face and hands, applies makeup and grooms their hair in the morning?"



The CNA responds,

"They can wash up once I set up a basin and the towels, but I usually have to make sure their face is dried. I also always have to brush their hair and apply makeup each day. Although they do attempt to do this, it is never complete. I usually put everything away when we're done."



How would you code GG0130I for OBRA/Interim Performance on the Annual assessment?

GG0130. Self-Care (Assessment period is the ARD plus 2 previous calendar days)

Complete column 5 when A0310A = 02 - 06 and A0310B = 99 or when A0310B = 08.

Code the resident's usual performance for each activity using the 6-point scale. If an activity was not attempted, code the reason.

Coding:

Safety and Quality of Performance - If helper assistance is required because resident's performance is unsafe or of poor quality, score according to amount of assistance provided.

Activities may be completed with or without assistive devices.

- 06. **Independent** - Resident completes the activity by themselves with no assistance from a helper.
- 05. **Setup or clean-up assistance** - Helper sets up or cleans up; resident completes activity. Helper assists only prior to or following the activity.
- 04. **Supervision or touching assistance** - Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as resident completes activity. Assistance may be provided throughout the activity or intermittently.
- 03. **Partial/moderate assistance** - Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.
- 02. **Substantial/maximal assistance** - Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
- 01. **Dependent** - Helper does ALL of the effort. Resident does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the resident to complete the activity.

If activity was not attempted, code reason:

- 07. **Resident refused**
- 09. **Not applicable** - Not attempted and the resident did not perform this activity prior to the current illness, exacerbation, or injury.
- 10. **Not attempted due to environmental limitations** (e.g., lack of equipment, weather constraints)
- 88. **Not attempted due to medical condition or safety concerns**

How would you code GG0130I for OBRA/Interim Performance on the Annual assessment?

5.
OBRA/Interim
Performance

Enter Codes in Boxes
↓

0

2

I. **Personal hygiene:** The ability to maintain personal hygiene, including combing hair, shaving, applying makeup, washing/drying face and hands (excludes baths, showers, and oral hygiene).



GG0130I: Practice Scenario 2 – Rationale

Column 5. OBRA/Interim Performance: During the assessment period of the Annual assessment, the CNA reports that the resident is unable to complete their personal hygiene. The CNA provides setup and assists with drying their face, brushing their hair and applying makeup each day. The CNA also cleans up when these tasks are completed.

The CNA provides more than half the effort to complete the personal hygiene tasks.

GG0170. Mobility Items

GG0170. Mobility

1. Admission Performance	2. Discharge Goal	
Enter Codes in Boxes		
<input type="text"/>	<input type="text"/>	A. Roll left and right: The ability to roll from lying on back to left and right side, and vice versa.
<input type="text"/>	<input type="text"/>	B. Sit to lying: The ability to move from sitting on side of bed to lying flat on the back.
<input type="text"/>	<input type="text"/>	C. Lying to sitting on side of bed: The ability to move from lying on the back to sitting on side of bed with support.
<input type="text"/>	<input type="text"/>	D. Sit to stand: The ability to come to a standing position from sitting in a chair, wheelchair, or bed.
<input type="text"/>	<input type="text"/>	E. Chair/bed-to-chair transfer: The ability to transfer to and from a bed to a chair or wheelchair.
<input type="text"/>	<input type="text"/>	F. Toilet transfer: The ability to get on and off a toilet or commode.
<input type="text"/>	<input type="text"/>	FF. Tub/shower transfer: The ability to get in and out of a tub/shower.
<input type="text"/>	<input type="text"/>	G. Car transfer: The ability to transfer in and out of a car or van on the passenger side, and to fasten seat belt.
<input type="text"/>	<input type="text"/>	I. Walk 10 feet: Once standing, the ability to walk at least 10 feet in a room, corridor, or outdoors. If discharge performance is coded 07, 09, 10, or 88 → Skip to GG0170M, 1 step (curb)
<input type="text"/>	<input type="text"/>	J. Walk 50 feet with two turns: Once standing, the ability to walk at least 50 feet in a room, corridor, or outdoors, and make two turns.
<input type="text"/>	<input type="text"/>	K. Walk 150 feet: Once standing, the ability to walk at least 150 feet in a corridor or similar space.

3. Discharge Performance	
Enter Codes in Boxes	
<input type="text"/>	L. Walking 10 feet on uneven surfaces: The ability to walk 10 feet on uneven or sloping surfaces (indoor or outdoor), such as turf or gravel.
<input type="text"/>	M. 1 step (curb): The ability to go up and down a curb and/or up and down one step. If discharge performance is coded 07, 09, 10, or 88 → Skip to GG0170P, Picking up object
<input type="text"/>	N. 4 steps: The ability to go up and down four steps with or without a rail. If discharge performance is coded 07, 09, 10, or 88 → Skip to GG0170P, Picking up object
<input type="text"/>	O. 12 steps: The ability to go up and down 12 steps with or without a rail.
<input type="text"/>	P. Picking up object: The ability to bend/stoop from a standing position to pick up a small object, such as a spoon, from the floor.
Q3. Does the resident use a wheelchair and/or scooter?	
<input type="checkbox"/>	0. No → Skip to H0100, Appliances
<input type="checkbox"/>	1. Yes → Continue to GG0170R, Wheel 50 feet with two turns
<input type="text"/>	R. Wheel 50 feet with two turns: Once seated in wheelchair/scooter, the ability to wheel at least 50 feet and make two turns.
RR3. Indicate the type of wheelchair or scooter used.	
<input type="checkbox"/>	1. Manual
<input type="checkbox"/>	2. Motorized
<input type="text"/>	S. Wheel 150 feet: Once seated in wheelchair/scooter, the ability to wheel at least 150 feet in a corridor or similar space.
SS3. Indicate the type of wheelchair or scooter used.	
<input type="checkbox"/>	1. Manual
<input type="checkbox"/>	2. Motorized

GG0170FF

Tub/Shower Transfer

GG0170FF. Tub/Shower Transfer

Tub/shower transfers involve the ability to get into and out of the tub or shower. Do not include washing, rinsing, drying, or any other bathing activities in this item.

FF. Tub/shower transfer: The ability to get in and out of a tub/shower.

GG170FF: Practice Scenario 3 – Admission

On the first day of the Admission assessment period, a resident required assistance with a tub transfer. One CNA provided steadying assistance as the resident slowly sat on the side of the tub bench. Once seated, the resident was able to lift one leg at a time into the tub and position themselves in the center of the bench. After bathing was complete, the resident was able to lift both legs out of the tub and the CNA provided steadying assistance as the resident stood up.



GG170FF: Practice Scenario 3 – Admission (cont.)

On Day 3 of the assessment period, the CNA provided contact guard assistance for the resident as they sat on the tub bench and positioned themselves. The resident was able to swing both legs into and out of the tub and was provided with contact guard assistance to stand up.

No other tub or shower transfers occurred during the observation period.



How would you code GG0170FF on Admission?

GG0170. Mobility (Assessment period is the first 3 days of the stay)

Complete column 1 when A0310A = 01. Complete columns 1 and 2 when A0310B = 01.

When A0310B = 01, the stay begins on A2400B. When A0310B = 99, the stay begins on A1600.

Code the resident's usual performance at the start of the stay (admission) for each activity using the 6-point scale. If activity was not attempted at the start of the stay (admission), code the reason. Code the resident's end of SNF PPS stay (discharge) goal(s) using the 6-point scale. Use of codes 07, 09, 10, or 88 is permissible to code end of SNF PPS stay (discharge) goal(s).

Coding:

Safety and Quality of Performance - If helper assistance is required because resident's performance is unsafe or of poor quality, score according to amount of assistance provided.

Activities may be completed with or without assistive devices.

- 06. **Independent** - Resident completes the activity by themselves with no assistance from a helper.
- 05. **Setup or clean-up assistance** - Helper sets up or cleans up; resident completes activity. Helper assists only prior to or following the activity.
- 04. **Supervision or touching assistance** - Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as resident completes activity. Assistance may be provided throughout the activity or intermittently.
- 03. **Partial/moderate assistance** - Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.
- 02. **Substantial/maximal assistance** - Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
- 01. **Dependent** - Helper does ALL of the effort. Resident does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the resident to complete the activity.

If activity was not attempted, code reason:

- 07. **Resident refused**
- 09. **Not applicable** - Not attempted and the resident did not perform this activity prior to the current illness, exacerbation, or injury.
- 10. **Not attempted due to environmental limitations** (e.g., lack of equipment, weather constraints)
- 88. **Not attempted due to medical condition or safety concerns**

How would you code GG0170FF on Admission?

1. Admission Performance	2. Discharge Goal
Enter Codes in Boxes	
<div>04</div>	<div></div>

FF. Tub/shower transfer: The ability to get in and out of a tub/shower.



GG170FF: Practice Scenario 3 – Admission Rationale

Column 1. Admission Performance: The resident participated in four tub transfers (two transfers into the tub and two transfers out of the tub) during the observation period. They required the CNA to provide steadying assistance to stand up and sit on the tub bench for the first two transfers and contact guard for the second two transfers. The resident was able to swing both legs in and out of the tub for all four transfers.

NOTE: Column 2. Discharge Goal is used to collect data for the SNF QRP Application of Percent of LTCH Patients with an Admission and Discharge Functional Assessment and a Care Plan that Addresses Function quality measure. GG0170FF. Tub/Shower Transfer is not used in the calculation of this measure. Therefore, the assessor will only code the Admission Performance for GG0170FF. Tub/Shower Transfer on the Admission assessment.

GG170FF: Practice Scenario 3 – Discharge

A month after the resident was admitted, the resident's family notified the facility that they are moving out of state and have found another facility for the resident near them so that they could continue to visit frequently.

3 days before discharge, the CNA reported to the discharging nurse that the resident was able to independently sit on the side of the tub bench and swing both legs into and out of the tub and position themselves in the center of the bench. The CNA assisted by setting up the tub bench and bath supplies.



GG170FF: Practice Scenario 3 – Discharge (cont.)

After bathing was complete, the resident was able to lift both legs out of the tub, put on a robe, and leave the bathroom. The CNA cleaned up the bath area and removed the tub bench.

No other tub or shower transfers occurred during the observation period.



How would you code GG0170FF at Discharge?

GG0170. Mobility (Assessment period is the last 3 days of the stay)

Complete column 3 when A0310F = 10 or 11 or when A0310H = 1.

When A0310G is not = 2 **and** A0310H = 1 and A2400C minus A2400B is greater than 2 **and** A2105 is not = 04, the stay ends on A2400C.
For all other Discharge assessments, the stay ends on A2000.

Code the resident's usual performance at the end of the stay for each activity using the 6-point scale. If an activity was not attempted at the end of the stay, code the reason.

Coding:

Safety and Quality of Performance - If helper assistance is required because resident's performance is unsafe or of poor quality, score according to amount of assistance provided.

Activities may be completed with or without assistive devices.

- 06. **Independent** - Resident completes the activity by themselves with no assistance from a helper.
- 05. **Setup or clean-up assistance** - Helper sets up or cleans up; resident completes activity. Helper assists only prior to or following the activity.
- 04. **Supervision or touching assistance** - Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as resident completes activity. Assistance may be provided throughout the activity or intermittently.
- 03. **Partial/moderate assistance** - Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.
- 02. **Substantial/maximal assistance** - Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
- 01. **Dependent** - Helper does ALL of the effort. Resident does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the resident to complete the activity.

If activity was not attempted, code reason:

- 07. **Resident refused**
- 09. **Not applicable** - Not attempted and the resident did not perform this activity prior to the current illness, exacerbation, or injury.
- 10. **Not attempted due to environmental limitations** (e.g., lack of equipment, weather constraints)
- 88. **Not attempted due to medical condition or safety concerns**

Q⁵ How would you code GG0170FF at Discharge?

3.
Discharge
Performance

Enter Codes in Boxes

↓

0	5
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FF. Tub/shower transfer: The ability to get in and out of a tub/shower.

GG170FF: Practice Scenario 3 – Discharge Rationale

Column 3. Discharge Performance: The resident participated in one tub transfer during the discharge observation period. The resident was able to safely transfer onto the tub bench and position themselves for the shower. Setup/clean-up assistance was required for the tub bench.

The provision of bathing supplies and the ability of the resident to bathe themselves is not considered in the coding of this data element. However, setup/clean-up of the tub bench is considered in the coding of this data element. Therefore, the resident's usual performance is coded as **05, Setup or Clean-up Assistance**.

GG0170. Mobility OBRA/Interim

GG0170. Mobility (Assessment period is the ARD plus 2 previous calendar days).
Complete column 5 when A0310A = 02 - 06 and A0310B = 99 or when A0310B = 08.

Instructions updated.

Added GG0170A
and new data
element
GG0170FF.

Code the resident's usual performance for each activity using the 6-point scale. If an activity was not attempted, code the reason.

Coding:

Safety and Quality of Performance - If helper assistance is required because resident's performance is unsafe or of poor quality, score according to amount of assistance provided.

Activities may be completed with or without assistive devices.

- 06. **Independent** - Resident completes the activity by themselves with no assistance.
- 05. **Setup or clean-up assistance** - Helper sets up or cleans up; resident completes activity.
- 04. **Supervision or touching assistance** - Helper provides verbal cues and/or completes activity. Assistance may be provided throughout the activity or in part.
- 03. **Partial/moderate assistance** - Helper does LESS THAN HALF the effort.
- 02. **Substantial/maximal assistance** - Helper does MORE THAN HALF the effort.
- 01. **Dependent** - Helper does ALL of the effort. Resident does none of the effort required for the resident to complete the activity.

If activity was not attempted, code reason:

- 07. **Resident refused**
- 09. **Not applicable** - Not attempted and the resident did not perform this activity.
- 10. **Not attempted due to environmental limitations** (e.g., lack of equipment).
- 88. **Not attempted due to medical condition or safety concerns**

5.
OBRA/Interim
Performance
Enter Codes in Boxes

- | | | |
|----------------------|----------------------|---|
| <input type="text"/> | <input type="text"/> | A. Roll left and right: The ability to roll from lying on back to left and right side, and return to lying on back on the bed. |
| <input type="text"/> | <input type="text"/> | B. Sit to lying: The ability to move from sitting on side of bed to lying flat on the bed. |
| <input type="text"/> | <input type="text"/> | C. Lying to sitting on side of bed: The ability to move from lying on the back to sitting on the side of the bed and with no back support. |
| <input type="text"/> | <input type="text"/> | D. Sit to stand: The ability to come to a standing position from sitting in a chair, wheelchair, or on the side of the bed. |
| <input type="text"/> | <input type="text"/> | E. Chair/bed-to-chair transfer: The ability to transfer to and from a bed to a chair (or wheelchair). |
| <input type="text"/> | <input type="text"/> | F. Toilet transfer: The ability to get on and off a toilet or commode. |
| <input type="text"/> | <input type="text"/> | FF. Tub/shower transfer: The ability to get in and out of a tub/shower. |
| <input type="text"/> | <input type="text"/> | I. Walk 10 feet: Once standing, the ability to walk at least 10 feet in a room, corridor, or similar space. If performance in the last 7 days is coded 07, 09, 10, or 88 → Skip to GG0170Q5, Does the resident use a wheelchair and/or scooter? |
| <input type="text"/> | <input type="text"/> | J. Walk 50 feet with two turns: Once standing, the ability to walk at least 50 feet and make two turns. |
| <input type="text"/> | <input type="text"/> | K. Walk 150 feet: Once standing, the ability to walk at least 150 feet in a corridor or similar space. |

GG170FF: Practice Scenario 4

During the last 3 days of the observation period for a resident's Quarterly assessment, the resident was scheduled for a shower. The assessing nurse asked the resident's primary CNA if they can describe how the resident usually transfers in and out of the shower. The CNA responds,

"The resident can walk to the shower room using their walker, but I have to be nearby because sometimes they walk too fast, and I have to remind them to slow down. Once there, they can disrobe and enter the shower. I place the face cloth and soap on the shelf in the shower for them. To transfer into the shower, they use their walker. The resident then sits on the shower bench and is able to wash their body. Once they finish, they are able to stand up using their walker, put a towel on, and walk out of the shower. They pull the cord for me to come back to help them dry off, put their robe back on, and walk back to their room."



How would you code GG0170FF for OBRA/Interim Performance?

GG0170. Mobility (Assessment period is the ARD plus 2 previous calendar days).

Complete column 5 when A0310A = 02 - 06 and A0310B = 99 or when A0310B = 08.

Code the resident's usual performance for each activity using the 6-point scale. If an activity was not attempted, code the reason.

Coding:

Safety and Quality of Performance - If helper assistance is required because resident's performance is unsafe or of poor quality, score according to amount of assistance provided.

Activities may be completed with or without assistive devices.

- 06. **Independent** - Resident completes the activity by themselves with no assistance from a helper.
- 05. **Setup or clean-up assistance** - Helper sets up or cleans up; resident completes activity. Helper assists only prior to or following the activity.
- 04. **Supervision or touching assistance** - Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as resident completes activity. Assistance may be provided throughout the activity or intermittently.
- 03. **Partial/moderate assistance** - Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.
- 02. **Substantial/maximal assistance** - Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
- 01. **Dependent** - Helper does ALL of the effort. Resident does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the resident to complete the activity.

If activity was not attempted, code reason:

- 07. **Resident refused**
- 09. **Not applicable** - Not attempted and the resident did not perform this activity prior to the current illness, exacerbation, or injury
- 10. **Not attempted due to environmental limitations** (e.g., lack of equipment, weather constraints)
- 88. **Not attempted due to medical condition or safety concerns**

How would you code GG0170FF for OBRA/Interim Performance?

5.
OBRA/Interim
Performance

Enter Codes in Boxes

↓

06

FF. Tub/shower transfer: The ability to get in and out of a tub/shower.



GG0170FF: Practice Scenario 4 – Rationale

OBRA/Interim: The resident participated in one shower transfer during the Quarterly assessment observation period. The resident safely transfers into and out of the shower using an assistive device (walker).

Since the resident does not require any assistance transferring into and out of the shower, the resident's usual performance is coded as **06. Independent.**

The CNA's assistance with ambulating to and from the shower room and providing bath supplies is not considered in the coding of this data element. The fact that the resident can bathe themselves also is not considered in the coding of this data element. Tub/shower transfer only includes the ability to get in and out of the tub/shower.

Key Insights

Two new data elements, GG0130I. Personal Hygiene, and GG0170FF. Tub/Shower Transfer have been added to the MDS.

- Personal hygiene involves the ability to maintain personal hygiene, including combing hair, shaving, applying makeup, and washing and drying face and hands (excludes baths, showers, and oral hygiene).
- Tub/shower transfers involve the ability to get into and out of the tub or shower. Do not include washing, rinsing, drying, or any other bathing activities in this item.

The Interim Performance column was revised to include coding for OBRA assessments and is now labeled as 5. OBRA/Interim Performance.



Key Insights (cont.)

The Discharge Goal column was created for the SNF QRP measure, Application of Percent of LTCH Patients with an Admission and Discharge Functional Assessment and a Care Plan that Addresses Function which requires the SNF to identify at least one discharge goal.

- GG0130I. Personal hygiene, and GG0130FF. Tub/shower transfer are not used in the calculation of this measure. Therefore, a Discharge Goal for these two data elements is not collected in Column 2 on **any** assessment.

