

GG0130E. Shower/Bathe Self

E. Shower/bathe self: The ability to bathe self, including washing, rinsing, and drying self (excludes washing of back and hair). Does not include transferring in/out of tub/shower.

Assessment Timepoints

Admission:

- Admission performance.
- Discharge goal.

Discharge:

- Discharge performance.

Shower/Bathe Self Inclusions and Exclusions for Coding

Included:

- Washing, rinsing, and drying the patient's:
 - Face.
 - Upper and lower body.
 - Perineal area.
 - Feet.

Excluded:

- Washing, rinsing, and drying the patient's back or hair.
- Transferring in/out of tub or shower.

Coding Tips

The assessment of shower/bathe self can take place in a shower, bath, at a sink, or in bed (i.e., full-body sponge bath). The activity can be completed independently by the patient with or without the use of devices.

Activity Performance Codes

- 06 – Independent.
- 05 – Setup or clean-up assistance.
- 04 – Supervision or touching assistance.
- 03 – Partial/moderate assistance.
- 02 – Substantial/maximal assistance.
- 01 – Dependent.

Coding Scenarios

Each row in the table below describes a shower/bathing scenario. In each scenario, statement 2 identifies key elements that inform the coding of **GG0130E. Shower/bathe self**. The correct code is provided at the end of each scenario.

Coding Scenarios for GG0130E. Shower/Bathe Self

	Statement 1	Statement 2	Statement 3	Code
Scenario 1	Patient J. uses a tub bench to bathe.	Patient J. washes their body, rinses, & dries themselves as the CNA stands-by to ensure Patient J.'s safety.	The CNA provides lifting assistance as Patient J. transfers off the shower bench.	Code 04
Scenario 2	Patient Y. has cognitive deficits & prefers to bathe at the sink.	After Patient Y. washes their face & arms, the CNA cues Patient Y to wash & rinse the rest of their body. Due to Patient Y.'s fatigue, the CNA helps Patient Y. dry-off.	After the bath, the CNA assists Patient Y. back to their bedside chair.	Code 03
Scenario 3	Patient E. is transferred onto a shower bench with partial/moderate assistance.	Patient E. washes their own arms & chest, then fatigues and cannot continue. The CNA must help wash the remaining parts of Patient E.'s body, rinses & dries them.	With help from the nurse, the CNA transfers Patient E. from the shower bench to a wheelchair.	Code 02

Additional Clinical Considerations

- If the patient bathes themselves and only needs a helper to set up materials for bathing/showering, then code **05, Setup or clean-up assistance**.
- When the activity of shower/bathe self is not completed entirely during one clinical observation (e.g., a patient washes their body in the shower and washes their face at the sink), then code based on the type and amount of assistance required to complete the ENTIRE bathing activity.

- Use clinical judgment to determine whether completing a partial bath or simulating the shower/bath allows the clinician to adequately assess the patient's ability to complete the activity of *GG0130E. Shower/bathe self*.
- If a patient only requires assistance to cover wounds or devices for water protection during bathing, then code **05, Setup or clean-up assistance**.