

# GG0130F. Upper Body Dressing

**F. Upper body dressing:** The ability to dress and undress above the waist; including fasteners, if applicable.

## Assessment Timepoints

### Admission:

- Admission performance.
- Discharge goal.

### Discharge:

- Discharge performance.



## Upper Body Dressing Inclusions for Coding

- Bra, undershirt, T-shirt, button-down or pullover shirt, dress, sweatshirt, sweater, nightgown, and pajama top.
- Thoracic-lumbar-sacrum orthosis (TLSO), abdominal binder, back brace, stump/sock shrinker, upper body support device, neck support, and hand or arm prosthetic/orthotic.
- Management of buttons and/or fasteners.

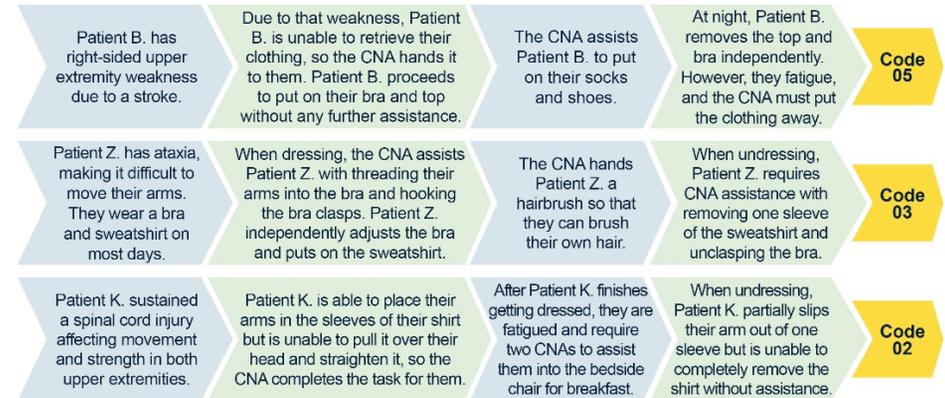
## Coding Tips

Upper body dressing identifies the patient's need for assistance to dress and undress above the waist, including any assistance needed to manage buttons and/or fasteners.

## Activity Performance Codes and Examples

06 – Independent	03 – Partial/moderate assistance
05 – Setup or clean-up assistance	02 – Substantial/maximal assistance
04 – Supervision or touching assistance	01 – Dependent

Each series of arrows below describes an upper body dressing scenario. The green arrows in the second and fourth columns identify key elements of each scenario that inform the coding of **GG0130F. Upper body dressing**.



## Additional Clinical Considerations

- The intent of this activity is to assess the patient's ability to dress in clothing that would be worn in the community. If the patient does not have clothing in the IRF during the entire 3-day assessment period, paper or fabric scrubs could be used to assess the activity of upper body dressing.
- The activity may be completed with or without the use of assistive device(s).
- If the patient dresses themselves and the ONLY assistance required from a helper is to retrieve or put away the patient's clothing before and/or after the activity, code **05, Setup or clean-up assistance**.
- If donning and doffing an elastic bandage, orthosis, or prosthesis is related to the activity of dressing/undressing the upper body, count the elastic bandage/orthotic/prosthesis as a piece of clothing when determining the type and amount of assistance the patient needs when coding the upper body dressing item.