

GG0130F. Upper Body Dressing

F. Upper body dressing: The ability to dress and undress above the waist; including fasteners, if applicable.

Assessment Timepoints

Admission:

- Admission performance.
- Discharge goal.

Discharge:

- Discharge performance.

Upper Body Dressing Inclusions for Coding

Included:

- Bra, undershirt, T-shirt, button-down or pullover shirt, dress, sweatshirt, sweater, nightgown, and pajama top.
- Thoracic-lumbar-sacrum orthosis (TLSO), abdominal binder, back brace, stump/sock shrinker, upper body support device, neck support, and hand or arm prosthetic/orthotic.
- Management of buttons and/or fasteners.

Coding Tips

Upper body dressing identifies the patient's need for assistance to dress and undress above the waist, including any assistance needed to manage buttons and/or fasteners.

Activity Performance Codes

- 06 – Independent.
- 05 – Setup or clean-up assistance.
- 04 – Supervision or touching assistance.
- 03 – Partial/moderate assistance.
- 02 – Substantial/maximal assistance.
- 01 – Dependent.

Coding Scenarios

Each row in the table below describes an upper body dressing scenario. In each scenario, statements 2 and 4 identify key elements that inform the coding of **GG0130F. Upper body dressing**. The correct code is provided at the end of each scenario.

Coding Scenarios for GG0130F. Upper Body Dressing

	Statement 1	Statement 2	Statement 3	Statement 4	Code
Scenario 1	Patient B. has right-sided upper extremity weakness due to a stroke.	Due to that weakness, Patient B. is unable to retrieve their clothing, so the CNA hands it to them. Patient B. proceeds to put on their bra and top without any further assistance.	The CNA assists Patient B. to put on their socks and shoes.	At night, Patient B. removes the top and bra independently. However, they fatigue, and the CNA must put the clothing away.	Code 05
Scenario 2	Patient Z. has ataxia, making it difficult to move their arms. They wear a bra and sweatshirt on most days.	When dressing, the CNA assists Patient Z. with threading their arms into the bra and hooking the bra clasps. Patient Z. independently adjusts the bra and puts on the sweatshirt.	The CNA hands Patient Z. a hairbrush so that they can brush their own hair.	When undressing, Patient Z. requires CNA assistance with removing one sleeve of the sweatshirt and unclasping the bra.	Code 03
Scenario 3	Patient K. sustained a spinal cord injury affecting movement and strength in both upper extremities.	Patient K. is able to place their arms in the sleeves of their shirt but is unable to pull it over their head and straighten it, so the CNA completes the task for them.	After Patient K. finishes getting dressed, they are fatigued and require two CNAs to assist them into the bedside chair for breakfast.	When undressing, Patient K. partially slips their arm out of one sleeve but is unable to completely remove the shirt without assistance.	Code 02

Additional Clinical Considerations

- The intent of this activity is to assess the patient's ability to dress in clothing that would be worn in the community. If the patient does not have clothing in the IRF during the entire 3-day assessment period, paper or fabric scrubs could be used to assess the activity of upper body dressing.
- The activity may be completed with or without the use of assistive device(s).
- If the patient dresses themselves and the ONLY assistance required from a helper is to retrieve or put away the patient's clothing before and/or after the activity, code **05, Setup or clean-up assistance**.
- If donning and doffing an elastic bandage, orthosis, or prosthesis is related to the activity of dressing/undressing the upper body, count the elastic bandage/orthotic/prosthesis as a piece of clothing when determining the type and amount of assistance the patient needs when coding the upper body dressing item.