The Story of Sam

Sam is on their journey to recovery. Through Sam's story, we can better understand the person's perspective as they move through the substance use recovery process.

The visual was derived from various interviews with key stakeholders to understand barriers to accessing prevention, treatment, and recovery services for individuals with Substance Use Disorders (SUD).





Worked for me.



But after a While, I realized it

Wasn't healthy and Was losing myself.

But life outside still goes on...

CONTINUES.

and I am not alone.





My recovery back tracked, but I picked myself up and continued my journey.











My support system is part of my motivation to Keep going.

Share my story

My goals